



SAFETY/SENSE

The Monthly Newsletter of Delaware **Safety** Council

February 2024 Volume 3 No. 2



Show the Love on Valentine's Day
Plan Ahead for a Sober Ride pg. 5





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A LETTER FROM Executive Director/CEO

Dear Members and Friends,

Dopamine and Endorphins are released during pleasure, including emotions relating to laughter, love, and even sporting events! Love and sports are certainly in the air in February! These dopamine and endorphin releasing events can, and do, affect our decisions on and off the roadways.



Fans and lovers alike can wander and drive around in a fog or a high. And while we want our Members and Friends to be happy in love and in supporting their teams, what we really want is for them to be safe on our roadways.

When planning your Valentine's Day dinner or celebration please schedule in a Designated Driver and or, a ride home from UBER or Lyft. The same goes for parties for the Big Game.

You want to relax and enjoy both events, so make getting to and from your event something planned in advance and not an afterthought.

Be Safe,

Stacey

Executive Director

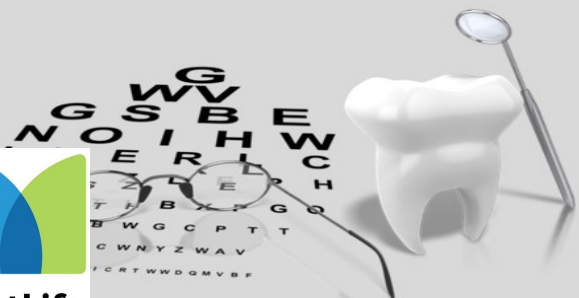




Take Advantage of These Great Membership Benefits!

Member Benefits

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Welcome Vice Chairs!

Nicole DiMondi



Nicole is the Environmental, Health & Safety Manager at DUPONT Company, the company that founded the Delaware Safety Council back in 1919. She has been with DUPONT since 1991.

Nicole has her B.A. in Biology with a minor in chemistry from the University of Delaware and her Master of Public Health, Safety and Occupational Health Management from Tulane University

New Board Co-Vice Chair



New Board Co-Vice Chair



Andrew (Drew) Brancati

A native Delawarean, Drew graduated from the University of Delaware, where the foundation for a career dedicated to community service and empowering individuals was laid. With an extensive professional background, Drew has made significant contributions to various organizations, including the Family Court of Delaware, the United Way of Delaware, Christiana Care Health System, and Highmark Blue Cross Blue Shield Delaware.

Throughout Drew's career, a passion for community well-being has been evident, and this commitment extends beyond the workplace. Having served as a volunteer and board member for organizations such as Delaware Guidance Services, Girls Inc., and as a Mayoral Appointee to the Access Wilmington Committee.

Drew is currently retired from Blue Cross Blue Shield and lives in Newark, DE with his wife Pam.





New Board Secretary



Congrats New Board Secretary!

Amanda Murphy

Amanda Murphy is a former Vice President with Citizens and WSFS banks, now a Vice President with Fulton Bank. She is an experienced Banker who has demonstrated a history of working in the banking industry. Amanda is skilled in Commercial Mortgages, Customer Service, Commercial Lending, Banking, and Credit Analysis. She is a graduate of Temple University with a Certificate of Psychology from University of Pennsylvania.



SAFETY

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DELAWARE STATE
CHAMBER OF COMMERCE



We attended the Delaware State Chamber of Commerce networking event held at [The Chancery Market](#) in downtown Wilmington. The [DSCC](#) is a Member of the Delaware Safety Council and we support our Member's events as often as we are able. This month, Bank of America was the featured company and they shared their programs that address the needs of small businesses in Delaware. [James Ritz](#) (great name for a banker) VP Small Business Banker and [Daniel Thompson](#) Senior VP, Private Client Advisor lead the discussions and answered questions.



Bank of America





Show the Love on Valentine's Day

Plan Ahead for a Sober Ride

There's something far more dangerous on Valentine's Day than forgetting a gift or to make dinner reservations: drinking and driving. If your plans with the one you love include a night out, plan ahead for a sober ride, because *Buzzed Driving Is Drunk Driving*.

The rate of alcohol impairment among drivers involved in fatal crashes in 2018 was 3.4 times higher at night than during the day. In case you need to be reminded, it's illegal anytime and everywhere in America to drive with a blood alcohol concentration of .08 or higher.

If you're making Valentine's Day plans, plan for a sober ride. Wherever you live, you've got options: ridesharing, taxis, and public transportation. Think of it as part of the fun of your Valentine's date; who wouldn't want a chauffeured ride to take them around town on their special night out?

If you need more convincing, think of the person you most want to spend time with on Valentine's Day. Then imagine where you'd be without them because you or someone else made the dangerous and selfish choice to get behind the wheel after drinking. That's

why we remind everyone that *Buzzed Driving Is Drunk Driving*. Love means never having to say you're sorry you took a life while driving drunk.

A cocktail or wine with a fancy dinner should be a small part of a beautiful, lasting memory, not the prelude to a deadly, drunk driving crash. This Valentine's Day and every day after, share the love by spreading the word that *Buzzed Driving Is Drunk Driving*—and by always driving sober. That's a Valentine you can share with everyone.





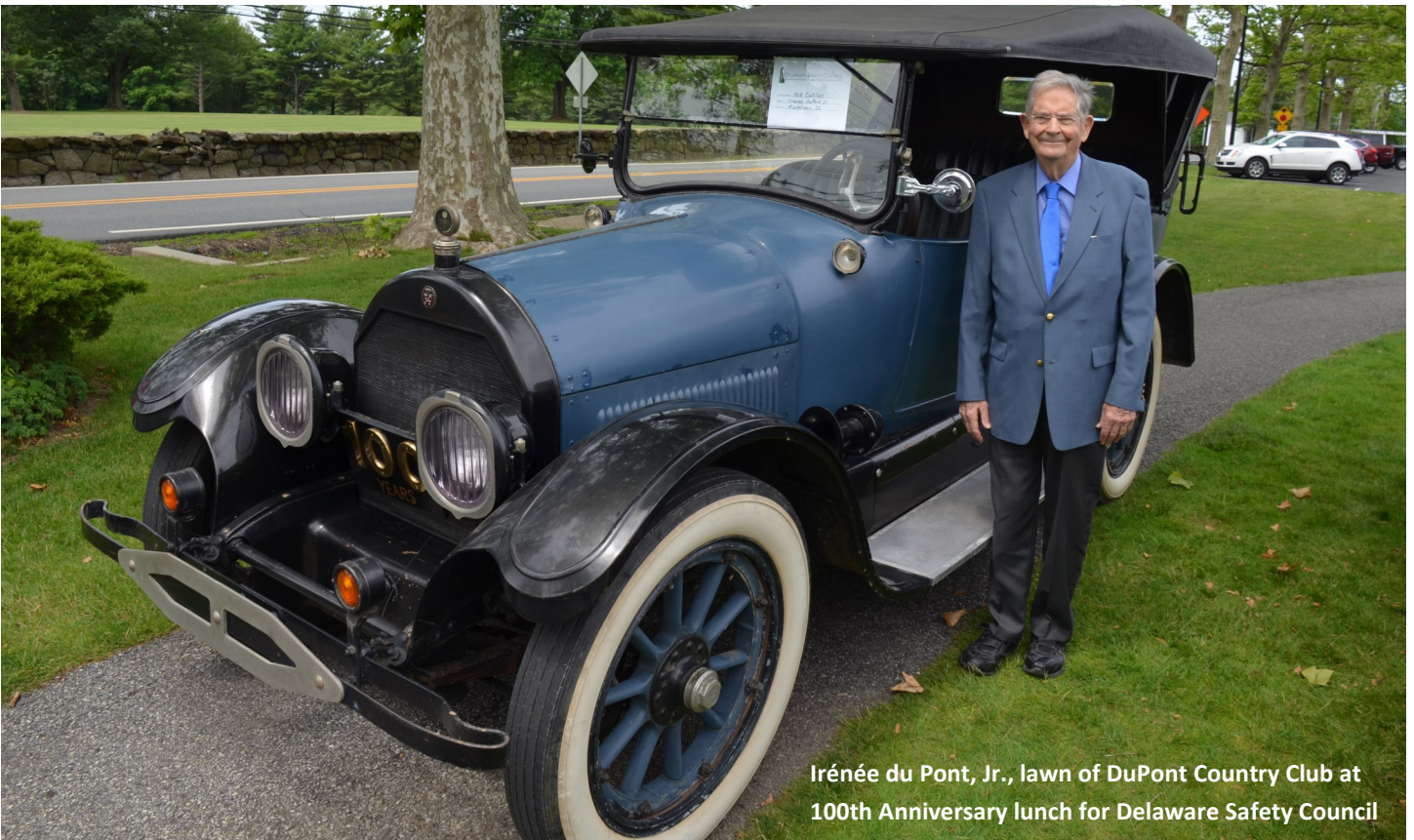
Remembering Our Safety Centurion

Irénée du Pont, Jr., Son of Delaware Safety Council Founder

On January 16, 2023, we experienced the passing of our safety champion, the son of our founder, Irénée du Pont. He entered the world one year after the birth of the Delaware Safety Council. He was the ninth child of Irénée and Sophie du Pont. Irénée graduated from Tower Hill School, attended Dartmouth College and obtained a bachelor's degree in mechanical engineering from M.I.T.

During World War II, he was employed as a test engineer at Ranger Aircraft Engines Company and in 1946 he joined the DuPont Company where he held engineering and supervisory positions. Returning to Wilmington in 1953, Mr. du Pont rose through management positions in the Plastics, Film and

Employee Relations departments. He served as Senior Vice President and a member of the Executive Committee from 1967 to 1978 and retired from Dupont's Board of Directors in 1990. Mr. du Pont served on numerous boards of directors, including Christiana Securities Co., Wilmington Trust company, Delaware State Chamber of Commerce, Americans do the Competitive Enterprise System, and the Greater Wilmington Development Council. He also served on the boards of trustees of Wilmington University, The Unidel Foundation, Longwood Gardens, Inc., and Tower Hill School. He was a Life Member of the Corporation of the Massachusetts Institute of Technology.



Irénée du Pont, Jr., lawn of DuPont Country Club at 100th Anniversary lunch for Delaware Safety Council



On **Super Bowl Sunday**, *Fans Don't Let Fans Drive Drunk*

Play It Safe

Defense wins championships; your best defense is to plan for a sober ride. From taxis and ride shares to public transportation and designated drivers, run the play that will score you home safely.

Be a Party MVP

Volunteer to be a designated driver. Let your team know that you'll be there for them when the party's over with a safe and sober ride home.

If You've Been Drinking, You're Benched

There's no place on the road for anyone who has been drinking. If someone tries to drive after drinking, tell them to ride the bench until you help them find a sober ride home.



Be the Head Coach When Hosting

Take care of the designated drivers and provide plenty of food and non-alcoholic drinks. Most importantly, make the game-winning call: intercept their keys before they drink.

We all have the same game plan when it comes to preventing drunk driving. And always buckle up. Your seat belt is your best defense if you're in a crash.



Enjoy Super Bowl LVIII — safely. Remember: Fans Don't Let Fans Drive Drunk.



Benefits of **First Aid**, **CPR**, and **AED** Training to Employees

Call (302) 276-0660 to schedule workplace CPR/AED Training today!

First aid is the temporary assistance an injured or unwell person needs until professional medical care can be provided. The employers' responsibility is to keep the workplace safe for employees and ensure that designated people are trained in First Aid, CPR, and AED for immediate and appropriate care for workplace injuries or medical conditions. Studies reveal that CPR, provided on time, can triple the chances of surviving a heart attack. Automated external defibrillators (AEDs) are portable, life-saving devices to treat people experiencing cardiac arrest, a medical condition in which the heart stops beating suddenly and unexpectedly. The combination of CPR and early defibrillation saves lives when used in the first few minutes following the collapse from cardiac arrest. The AED system includes accessories, such as a battery and pad electrodes, that are necessary for the AED to detect and interpret an electrocardiogram and deliver an electrical shock. The administration of these procedures needs expert training.

Safety in Workplace

Every year, more than 350,000 instances of cardiac arrest occur outside U.S. hospitals, according to the American Heart Association. These medical emergencies can occur anywhere from private homes and business premises to public institutions, and even while commuting via car, bus or train. A company's greatest asset is undoubtedly its employees. Employers should do everything necessary to keep their organization a happy and safe working environment. Investing in CPR and general first aid training for employees can be equally beneficial. Here are a few benefits.

Lifesaving Skill

On any given day, around 1,000 Americans experience sudden cardiac arrest. According to the latest statistics released by the Sudden Cardiac Arrest Foundation, only 10

percent of these people survive. The most valuable benefit that can be gained from CPR training in the workplace is the fact that precious lives can be saved. An employee who knows how to perform CPR and use an automated external defibrillator (AED) can mean the difference between someone living and dying during a medical emergency. Having someone on-site to perform CPR or use an AED can keep a patient in cardiac arrest alive until professional medical personnel arrive on the scene. An onsite AED can be a valuable investment, especially if you opt for an affordable and user-friendly model that requires virtually no maintenance.



Fewer Workplace Accidents

A decrease in workplace accidents is one of the most notable benefits of first aid and CPR training in the workplace. When employees undergo first aid training, they are also equipped with valuable knowledge that will allow them to be more watchful. This increased level of safety awareness will lead to reduced reckless behavior and

greater respect for health and safety protocols. During CPR training, employees will also learn about the possible causes of cardiac arrest and its long-term impact on the body. Although the intention is to educate rather than instill fear, the automatic response is to avoid such situations at all costs.

Positive work Environment

Every work environment, whether an industrial workshop or a medium-sized office, can be a potential setting for a medical emergency. Creating a safe working environment can benefit both the organization and employees. Staff members that are permanently stressed out about potential medical concerns may find it increasingly difficult to concentrate on their tasks. However, knowing there are trained staff members on standby to perform potentially life-saving first aid does wonders for staff morale.

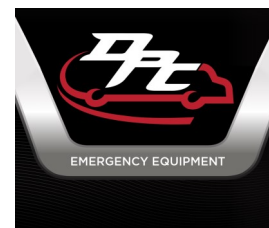
MEMBER Spotlight. Some Recent, Some Returning.



DELAWARE STATE
CHAMBER OF COMMERCE



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Some 25 million students nationwide begin and end their day with a trip on a school bus. Designed for safety, with flashing lights, giant mirrors, stop-sign arms and that bright yellow color, students are far more likely to get to school safely when taking a school bus than traveling by car. On February 5, 2024 an 8-year-old Georgia girl was crossing the street to board her school bus when she was struck and killed by a car in front of her horrified mother — who incredibly says she has forgiven the driver. The bus had its red lights flashing and its stop sign activated, when 25-year-old Kaylee Andre, driving a Ford Fusion, tried to pass the bus and mowed down the girl, Georgia State Patrol said. Title 21 , Chapter 41 of Delaware Law regarding driving around a school bus.







Save Lives, Promote Safe Teen Driving

SIGN UP YOUR SCHOOL!



SMARTDRIVE®

a Delaware Safety Council teen driver program

smartdriveusa.org






BACK TO THE TRACK BASICS

Track Safety Basics

1. Freight trains don't travel at fixed times. Schedules for passenger trains often change. **Always expect a train.**
2. All train tracks are private property. **Never walk on tracks; it's illegal trespass and highly dangerous.**
3. It takes the average freight train traveling 55 mph more than a mile—the length of 18 football fields—to stop. **Trains cannot stop quickly.**
4. The average **locomotive weighs about 400,000 pounds or 200 tons**; it can weigh up to 6,000 tons. This makes the weight ratio of a car to a train proportional to that of a soda can to a car. We all know what happens to a soda can hit by a car.
5. **Trains have the right of way 100% of the time** over pedestrians and vehicles, including police and emergency vehicles.
6. **Trains overhang tracks. Stay 15 feet back from the tracks.** Always assume railroad tracks are in use, even if there are weeds or the track looks unused.
7. **Trains can move on any track, in either direction at any time.** Sometimes its cars are pushed by locomotives instead of being pulled, which is especially true in commuter and light rail passenger service.
8. Trains are quieter and moving faster than you think – **only trains belong on the tracks Today's trains are quieter than ever, producing no telltale "clackety-clack."**
9. Remember to **cross train tracks ONLY at designated pedestrian or roadway crossings**, and obey warning signs and signals posted there.
10. **Stay alert around railroad tracks.** Refrain from texting, using headphones or other distractions that would prevent you from hearing an approaching train; never mix rails and recreation.

As part of our mission to reduce deaths and injuries at highway-rail grade crossings and around tracks and trains, Operation Lifesaver, Inc. offers rail safety tips for drivers, pedestrians, and an array of audiences.



Get to know [these railroad signs and signals](#) to stay safe when driving or walking near railroad crossings.